

NATIONAL INSTITUTE OF AYURVEDA, JAIPUR



An Autonomous institute under
The Ministry of AYUSH,
Govt. of India



ACADEMIC BROCHURE

PANCHKARMA CERTIFICATE COURSE(45 Days)

The Institute

The National Institute of Ayurveda was established on 07-02-1976 by the Government of India as an apex institute of Ayurveda in the country to develop high standards of teaching, training and research in all aspects of Ayurvedic System of Medicine with a scientific approach. The institute is engaged in Teaching, Clinical and Research and is affiliated to Rajasthan Ayurveda University, Jodhpur. The Institute imparts UG, PG and Ph.D. Education and also Diploma Course in Ayurveda Nursing and Pharmacy. The UG Course of Ayurvedacharya (BAMS) is of 5½ Year duration. The 3-Year PG Course of MD/MS(Ay.) is available in 14 Specialties, viz. Agad Tantra, Dravya Guna, Kayachikitsa, Kaumar Bhritya, Maulik Siddhanta, Panchkarma, Prasuti Stri Roga, Roga & Vikrit Vigyan, Rasa Shastra, Sharir Rachana, Sharir Kriya, Shalya Tantra, Shalakyia Tantra and Swastha Vritta. The Institute has a 300 Bedded NABH Accredited Hospital with OPD and a Primary Emergency Care Unit. There is specialized Panchkarma setup with large number of daily patients for a number of Panchkarma procedures. Specialty Clinics for Diabetes, Allergy, Geriatric, Dietary, Child Mental Health, Eye etc. are also available in the Hospital for specialized consultation, treatment etc.

Panchkarma Certificate Course for Ayurvedic doctors

Ayurveda proposes to broad dimensions of therapeutic intervention: (1) Samshodhana (Bio-purification), (2) Samshamana (Bio-balancing). Panchkarma is therapeutic technology of Samshodhana. The word panchkarma comprises of two words namely pancha and karma. Pancha means

five and karma means therapy (procedure). This fivefold treatment primarily aims at internal purification of the body including gross channels up to the cell levels. It is highly preferred to cure any disease with least possibility of recurrence. Panchkarma is a curative line of treatment for all diseases which are not amenable to Shamana Chikitsa. These five methods of elimination of vitiated Dosha from the body are Vamana Karma (emesis therapy), Virechana Karma (purgation therapy), Basti Karma (Enematherapy), Nasya Karma (errhine therapy) and Raktamokshana (blood-letting therapy). These five procedures are practiced through a comprehensive package of purvakarma (pre-procedure), Pradhan Karma (main procedure) and Paschatkarma (Post Procedure) in a sequence over a time frame with critical indications, contraindications and other prerequisite necessary to induce adequate Samsodhana and therapeutic Safety. The protocol of treatment with panchkarma modalities requires a hawk's-eye of specialist who should be well trained and equipped with both theoretical and practical knowledge. Today Ayurveda in general and panchkarma in specific is a global icon and necessity but the supply of experts is less than the global demand.

Thus Panchkarma Certificate course of 45 days has been designed and offered by Department of Panchkarma, NIA. This course is for Ayurvedic graduates, Practitioners, Medical Officers, Ayurvedic College teachers, Researchers.

Objective of the course

1. The concept of Shodhana (detoxification) in details.
2. Principles of Panchkarma and its applications.
3. Practical training in preparation & administration of Panchkarma therapies.

Type of the course– 45 days Certificate course will be a contact learning program with strict periodical assessment and Hands on training will be given to the participants.

Outcome of the Course -The candidate gets to learn from the most experienced and best faculty along with the good infrastructure. Every candidate undergoing the course will be confident and perform the Panchkarma therapy.

ADMISSION IN PANCHKARMA CERTIFICATE COURSE (45Days):

Eligibility for admission- B.A.M.S.from a recognized University.

Duration: 45 Days

Selection Procedure: On the basis of availability of seats and first come first serve.

Medium of Instruction: English, Hindi.

Seats: 10participants per batch

Certificate: 3assessments will be done after 15 days. Certificate will be provided to the trainees after completion of the course.

General rules and regulation: Will be followed as per NIA guidelines.

Dress: WhiteApron or Uniform as instructed.

Boarding and Lodging: Participants will arrange by their own.

Timing: Class timing during working hours

Practical training : 9:00AM to 02:00 PM

Theory: 3:00 PM to 4:00 PM

Application Fee (by Bank Demand Draft /NEFT):

All interested applicant has to attach a Demand Draft /NEFT for an amount of Rs.500 along with application form.

Application fee: Bank Demand Draft (DD) or NEFT in favour of "Director, National Institute of Ayurveda" payable at Jaipur as per account detail given below on or before the stipulated date. Scanned copy of NOC and draft or NEFT should be mailed at pknia108@gmail.com. On backside of DD, candidate must mention His/ Her name and course applied for and mobile No.

Note- Course fee once deposited is neither refundable nor transferable in any circumstances. Account Detail:
Name of Account: "Director, National Institute of Ayurveda, Jaipur" Account no: 3124200215 Name of Bank and Branch: Central bank of India. Branch- NIA, Jaipur IFSC Code: CBIN0283634 Address for sending NOC & D.D. - National Institute of Ayurveda, Madhav Vilas Palace, Jorawar Singh Gate, Amer Road Jaipur - 302002 (Rajasthan) India

How to apply:

Candidates are required to apply in the prescribed format downloaded from website or neatly typed on A4 size paper on one side as per the format available on the website <http://nia.nic.in> as per the prescribed Performa of Applications form. Institute will not consider any another format or application Performa. Application completed in all respect enclosing self-attested copies of all certificates, mark sheets,

educational qualifications should be sent in an envelope Superscripted “Application For Panchkarma Certificate Course” by registered/Speed-Post on or before the last date, to:

The Director,

National Institute of Ayurveda,

Madhav Vilas Palace, Jorawar Singh Gate, Amer Road

Jaipur - 302002 (Rajasthan) India

Candidate must sign in the application form.

Invalid Applications: Candidates are advised to read all instructions carefully before sending their applications otherwise their applications are likely to be rejected on one or more of the following reasons in terms of the notifications.

- Applications received after the closing date.
- Applications not in prescribed format.
- Candidates not having the required qualification.
- Applications without latest photo not being pasted in the provided space.
- Application without signature.
- Applications, which are incomplete/illegible in any manner.
- Applications without the prescribed Application Fee (as applicable).
- Application on another format not prescribed by National Institute of Ayurveda.

Last Date of receiving application: 06.03.19

The last date for receiving Application -In case the last date and receipt of application is declared holiday, the date of receipt of the application will be considered as next working day.

FEE STRUCTURE FOR THE COURSE

Course fee – Indian Nationals (In Indian Rupees)

Total fee: 15000.00

No TA/DA/stipend will be paid to the participants.

SAARC AND BIMESTAC COUNTRIES: Fee structure same as Indian National total amount to be deposited at the time of admission.

Foreign Nationals (In US Dollars):300 US Dollar



National Institute of Ayurveda, Jaipur

APPLICATION FORM

PANCHKARMA CERTIFICATE COURSE (45 Days)

Passport size Photo

Application Fee: _____ DD No. _____ Dated: _____

1. Name (CAPITAL letters): _____

2. Father's /Husband's Name: _____

3. Address For Communication With Pin Code. _____

4. Registration No. _____ State of Registration _____

E-mail i.d.: _____ Telephone No- _____

Mobile: _____

5. Category (Foreign National/General/SC/ST/OBC/Phy. Handicapped/ _____)

6. Educational Qualification: _____

7. Date of birth: dd _____ mm _____ yyyy _____

Age (as on closing date of application according to Matriculation Certificate) _____

8. Nationality (Enclose Govt. ID): _____ 9. Sex: Male/ Female/ Others

10. Details of Employer (If Working) _____

11. BAMS Examinations Passed (Please enclose attested copy of each certificate & mark- sheet):

College	University	Year of Passing	Marks/ Percentage

12. List of Enclosures with the Application-(Please enclose Date of Birth proof, Residence proof, NOC/Recommendation from the department/Institute)

DECLARATION

I hereby declare that the information mentioned in this Application is correct and true to the best of my knowledge and belief and I understand that furnishing false/improper information will lead to rejection and cancellation of my candidature and also that I am liable for legal and/or disciplinary action as may be initiated by the National Institute of Ayurveda.

Date:

Signature of the Candidate