



**NATIONAL INSTITUTE OF AYURVEDA, JAIPUR**



**(Deemed to be University De-Novo)  
(Ministry of AYUSH, Govt. of India)**

## **PG Department of KRIYA SHARIR**

**Program Name: BAMS (NIA/UG/BAMS)**

**Course Name: KRIYA SHARIR - Paper-I**

**Course Code: 03(A) Theory Paper-I**

### **Course Outcome**

**At the end of this course student will acquire: -**

1. Knowledge of the fundamental principles of Kriya Sharir e.g - Panchamahabhuta, Tridosha, Triguna, Loka-Purusha Samya, Samanya-Vishesha and Srotas.
2. Knowledge of fundamental and applied aspects of Kriyakala.
3. Knowledge of Sharira and Manasa Prakriti.
4. Knowledge of Ahara, Agni and Ahara Pachana process according to Ayurveda and contemporary sciences.
5. Knowledge of fundamentals of modern physiology and detailed physiology of Nervous system, gastro intestinal system, respiratory system.
6. Knowledge of Acid base, water and electrolyte balance mechanism. Basic knowledge of components of food and metabolism of Carbohydrate, fat and protein.
7. Basic knowledge of Vitamins & Minerals- Sources, daily requirement, functions, manifestations of hypo and hypervitaminosis.