

**DETAILS OF THE COURSES OFFERED**

S.No.	Name of course	Name of Department	Duration	Fees	No. of seats Approved	No. of students admitted during the last 3 years
1.	Ph.D	All 14 Departments	3 Year	1 <sup>st</sup> year-1,28,250/- 2 <sup>nd</sup> year-90,000/- 3 <sup>rd</sup> year - 90,000/- Total-3,08,250/-	56	44
2.	PG (M.D. & M.S.)	All 14 Departments	3 Year	1 <sup>st</sup> year-1,04,250/- 2 <sup>nd</sup> year-77,000/- 3 <sup>rd</sup> year-77,000/- Total-2,58,250	104	291
3.	UG (B.A.M.S)	Bachelor of Ayurvedic medicine and surgery	5 Year 6 Months	1 <sup>st</sup> year-49,525/- 2 <sup>nd</sup> year-36,150/- 3 <sup>rd</sup> year-35,150/- 4 <sup>th</sup> year-49,750/- Total-1,70,575/-	92	264
4.	DANP	Diploma in Ayurveda Nursing & Pharmacy	3 Years	1 <sup>st</sup> year-25,900/- 2 <sup>nd</sup> year-26,150/- Total-52,050/-	30	90
5.	Panchakarma Technician	P.G. department of Panchakarma	1 Year	Application fees- 500/- Course fees- 6,000/-	30	19
6.	Ksharsutra Certificate course	P.G. department of Shalya Tantra	45 Days	Application fees- 500/- Course fees-15,000/-	12	47
7.	Certificate Course Standardization of Ayurvedic Medicinal Plant Material	P.G. department of Dravyaguna	60 Hours	Application fees- 500/- Course fees-15,000/-	15	02
8.	Advanced course on training for beauty care in Ayurveda	P.G. department of Dravyaguna	100 hours	Application fees- 500/- Course fees-20000/-	12	In Process
9.	Certificate course on training for beauty care through Ayurveda	P.G. department of Dravyaguna	42 hours	Application fees- 300/- Course fees-10000/-	15	53
10.	Certificate course on training on Ayurvedic methods	P.G. department of Dravyaguna	9 hours	Course fees-800/-	10	09

	of cooking					
11.	Certificate course on primary health care through kitchen spices and local plants	P.G. department of Dravyaguna	8 hours	Course fees- 800/-	15	04
12.	Certificate Course on Nutrition and Dietetics in Ayurveda	P.G. department of Dravyaguna	9 hours	Course fees- 800/-	15	59
13.	Certificate course in Streeroga sthanika chikitsa,	PG Department of Stree-roga and Prasuti Tantra.	225 hours	Course fees -15,000/-	15	24



## राष्ट्रीय आयुर्वेद संस्थान, जयपुर

क्रमांक : एफ. 1(10)/शैक्ष./शुल्क/2018-19/6553-61

दिनांक : 29.8.2018

### संशोधित कार्यालय-आदेश

पूर्व प्रसारित संस्थान कार्यालय-आदेश क्रमांक एफ. 1(10)/शैक्ष./शुल्क/2018-19/3422-30 दिनांक 18.6.2018 को निरस्त किया जाकर संस्थान में आयुर्वेदाचार्य (B.A.M.S.) पाठ्यक्रम सत्र 2018-19 में नवीन प्रवेशित छात्रों से निम्नानुसार शुल्क लिया जावेगा। वर्ष 2018-2019 से पूर्व के अध्ययनरत सभी छात्रों से पुराना शुल्क ही लिया जावेगा।

### (B.A.M.S.) आयुर्वेदाचार्य

क्र.सं.	फीस का विवरण	प्रथम वर्ष (12 माह) का शुल्क	द्वितीय वर्ष (12 माह) का शुल्क	तृतीय वर्ष (12 माह) का शुल्क	चतुर्थ वर्ष (18 माह) का शुल्क	योग
01.	प्रवेश शुल्क	2,500.00	-	-	-	2,500.00
02.	बुलोटिन शुल्क	1,375.00	-	-	-	1,375.00
03.	कम्प्यूटर एवं इन्टरनेट शुल्क	1,900.00	1,900.00	1,900.00	2,800.00	8,500.00
04.	शिक्षण शुल्क	17,000.00	17,000.00	17,000.00	25,500.00	76,500.00
05.	पुस्तकालय शुल्क	1,250.00	1,250.00	1,250.00	1,900.00	5,650.00
06.	बुक बैंक शुल्क	1,250.00	1,250.00	1,250.00	1,900.00	5,650.00
07.	लेब/होस्पिटल शुल्क	1,250.00	1,250.00	1,250.00	1,900.00	5,650.00
08.	शैक्षणिक भ्रमण शुल्क	-	2,000.00	1,000.00	-	3,000.00
09.	गेम्स शुल्क	1,000.00	1,000.00	1,000.00	1,000.00	4,000.00
10.	सांस्कृतिक शुल्क	1,000.00	1,000.00	1,000.00	1,000.00	4,000.00
11.	साहित्यिक शुल्क	1,000.00	1,000.00	1,000.00	1,000.00	4,000.00
12.	डेवलपमेंट शुल्क	1,000.00	1,000.00	1,000.00	1,500.00	4,500.00
13.	डिजिटल प्रवेश पत्र शुल्क	500.00	-	-	-	500.00
14.	प्रोस्पेक्टस शुल्क	1,000.00	-	-	-	1,000.00
15.	कौशल मनी शुल्क (रिफण्डेबल)	10,000.00	-	-	-	10,000.00
16.	योग:-	42,025.00	28,650.00	27,650.00	38,500.00	1,36,825.00
17.	छात्रावास शुल्क	7,500.00	7,500.00	7,500.00	11,250.00	33,750.00
	कुल योग:-	49,525.00	36,150.00	35,150.00	49,750.00	1,70,575.00

उक्त शुल्क एक बार जमा होने के बाद रिफण्डेबल राशि के अलावा वापस रिफण्ड नहीं होगा।

*वैजयंती*  
निदेशक

प्रतिलिपि:-सूचनार्थ एवं आवश्यक कार्यवाही हेतु।

01. समस्त डीन (एकैडमिक)।
02. समस्त विभागाध्यक्ष।
03. उपनिदेशक (प्रशासन)।
04. दीन कार्डिन।
05. छात्र/छात्रा, छात्रावास अधीक्षक, यू.जी.पी.जी./मिस्त्रीखाना।
06. य.लेखाधिकारी।
07. पुस्तकालयाध्यक्ष।
08. रोकपाल ब्रिचज फण्ड।
09. निजी सहायक।

*वैजयंती*  
निदेशक

*सह*



## राष्ट्रीय आयुर्वेद संस्थान, जयपुर

क्रमांक : एफ. 1(10)/शैक्ष./शुल्क/2018-19/3431-39

दिनांक : 13.6.2018  
18/6/18

### कार्यालय-आदेश

संस्थान में (M.D.) आयुर्वेद वाचस्पति कार्यक्रम सत्र 2018-19 में नवीन प्रवेशित छात्रों से निम्नानुसार शुल्क लिया जावेगा। सत्र 2018-19 से पूर्व के अध्ययनरत सभी छात्रों से पुराना शुल्क ही लिया जावेगा।

#### M.D.(Ay.) आयुर्वेद वाचस्पति

क्र.सं.	फीस का विवरण	प्रथम वर्ष शुल्क	द्वितीय वर्ष शुल्क	तृतीय वर्ष शुल्क	योग
01.	प्रवेश शुल्क	4,000.00	—	—	4,000.00
02.	बुलेटिन शुल्क	750.00	—	—	750.00
03.	कम्प्यूटर एवं इन्टरनेट शुल्क	3,000.00	3,000.00	3,000.00	9,000.00
04.	शिक्षण शुल्क	30,000.00	30,000.00	30,000.00	90,000.00
05.	पुस्तकालय शुल्क	3,000.00	3,000.00	3,000.00	9,000.00
06.	लैब/हॉस्पिटल शुल्क	3,000.00	3,000.00	3,000.00	9,000.00
07.	गेन्स शुल्क	1,000.00	1,000.00	1,000.00	3,000.00
08.	सांस्कृतिक शुल्क	1,000.00	1,000.00	1,000.00	3,000.00
09.	साहित्यिक शुल्क	1,000.00	1,000.00	1,000.00	3,000.00
10.	डेप्ल्युमेंट शुल्क	2,500.00	2,500.00	2,500.00	7,500.00
11.	शैक्षणिक भ्रमण शुल्क	5,000.00	—	—	5,000.00
12.	अनुसंधान शुल्क	5,000.00	10,000.00	10,000.00	25,000.00
13.	डिजीटल प्रवेश पत्र शुल्क	500.00	—	—	500.00
14.	प्रोस्पेक्टर शुल्क	2,000.00	—	—	2,000.00
15.	कॉशिन मनी शुल्क (रिफण्डेबल)	20,000.00	—	—	20,000.00
16.	योग-	81,750.00	54,500.00	54,500.00	1,90,750.00
17.	छात्राया शुल्क	22,500.00	22,500.00	22,500.00	67,500.00
	कुल योग-	1,04,250.00	77,000.00	77,000.00	2,58,250.00

उक्त शुल्क एक बार जमा होने के बाद रिफण्डेबल राशि के अलावा वापस रिफण्ड नहीं होगा।

संजीव शर्मा  
निदेशक

प्रतिलिपि - सूचनार्थ एवं आवश्यक कार्यवाही हेतु।

01. डीन (एकैडमिक)।
02. समस्त विभागाध्यक्ष।
03. उपनिदेशक(प्रशासन)।
04. चीफ वार्डन।
05. छात्र/छात्रा छात्रावास अधीक्षक, यू जी पी जी / मिस्त्रीखाना।
06. व लेखाधिकारी।
07. पुस्तकालयाध्यक्ष।
08. शिकपाल बॉयज फण्ड।
09. निजी सहायक।

संजीव शर्मा  
निदेशक



# राष्ट्रीय आयुर्वेद संस्थान, जयपुर

क्रमांक : एफ. 1(10)/शैक्ष./शुल्क/2018-19/3440-48

दिनांक : 13.6.2018

18/6/18

## कार्यालय-आदेश

संस्थान में आयुर्वेद विद्यावारिधि (Ph.D) के पाठ्यक्रम में सत्र 2018-19 से नवीन प्रवेशित छात्रों से निम्नानुसार शुल्क लिया जावेगा। सत्र 2018-19 से पूर्व के अध्ययनरत सभी छात्रों से पुराना शुल्क ही लिया जावेगा।

### Ph.D (Ay.) आयुर्वेद विद्या वारिधि

क्र.सं.	फीस का विवरण	प्रथम वर्ष शुल्क	द्वितीय वर्ष शुल्क	योग
01.	प्रवेश शुल्क	5,000.00	—	5,000.00
02.	बुलेटिन शुल्क	750.00	—	750.00
03.	शोध शुल्क	45,000.00	45,000.00	90,000.00
04.	कम्प्यूटर एवं इन्टरनेट शुल्क	5,000.00	5,000.00	10,000.00
05.	पुस्तकालय शुल्क	4,000.00	4,000.00	8,000.00
06.	लेब / हॉस्पिटल शुल्क	3,000.00	3,000.00	6,000.00
07.	गेम्स शुल्क	1,000.00	1,000.00	2,000.00
08.	सांस्कृतिक शुल्क	1,000.00	1,000.00	2,000.00
09.	साहित्यिक शुल्क	1,000.00	1,000.00	2,000.00
10.	डवलपमेंट शुल्क	2,500.00	2,500.00	5,000.00
11.	प्रोस्पेक्टस शुल्क	2,000.00	—	2,000.00
12.	शैक्षणिक शुल्क	5,000.00	—	5,000.00
13.	डिजिटल प्रवेश पत्र शुल्क	500.00	—	500.00
14.	कोशनमनी (रिफण्डेबल)	25,000.00	—	25,000.00
15.	योग—	1,00,750.00	62,500.00	1,63,250.00
16.	छात्रावास शुल्क	27,500.00	27,500.00	55,000.00
	कुल योग—	1,28,250.00	90,000.00	2,18,250.00

उक्त शुल्क एक बार जमा होने के बाद रिफण्डेबल राशि के अलावा वापस रिफण्ड नहीं होगा।

संजीव कुमार  
निदेशक

प्रतिलिपि:—सूचनार्थ एवं आवश्यक कार्यवाही हेतु।

01. डीन (एकेडमिक)।
02. समस्त विभागाध्यक्ष।
03. उपनिदेशक (प्रशासन)।
04. चौफ यार्डन।
05. छात्र/छात्रा छात्रावास अधीक्षक, यू.जी.पी.जी./मिस्त्रीखाना।
06. चलेखाधिकारी।
07. पुस्तकालयाध्यक्ष।
08. रोकपाल बॉयज फण्ड।
09. निजी सहायक।

संजीव कुमार  
निदेशक

## राष्ट्रीय आयुर्वेद संस्थान, जयपुर

क्रमांक : एफ. 1(10)/शिक्ष./शुल्क/2018-19/3449-S7

दिनांक : 13.6.2018

18/6/18

### कार्यालय-आदेश

संस्थान में डिप्लोमा इन आयुर्वेद नर्सिंग एण्ड फार्मसी (DAN&P) के पाठ्यक्रम में सत्र 2018-19 से नवीन प्रवेशित छात्रों से निम्नानुसार शुल्क लिया जावेगा। सत्र 2018-19 से पूर्व के अध्ययनरत सभी छात्रों से पुराना शुल्क ही लिया जावेगा।

#### (DAN&P) डिप्लोमा इन आयुर्वेद नर्सिंग एण्ड फार्मसी

क्र.सं.	फीस का विवरण	प्रथम वर्ष शुल्क	द्वितीय वर्ष शुल्क	योग
01	प्रवेश शुल्क	1,000.00	—	1,000.00
02	शिक्षण शुल्क	13,000.00	13,000.00	26,000.00
03	बुलेटिन शुल्क	400.00	400.00	800.00
04	गेम्स शुल्क	500.00	500.00	1,000.00
05	सांस्कृतिक शुल्क	500.00	500.00	1,000.00
06	साहित्यिक शुल्क	500.00	500.00	1,000.00
07	लेक्चररी शुल्क	1,000.00	1,000.00	2,000.00
08	शैक्षणिक भ्रमण शुल्क	—	2,000.00	2,000.00
09	पुस्तकालय शुल्क	750.00	750.00	1,500.00
10	डेटाबेस शुल्क	750.00	750.00	1,500.00
11	डिजिटल प्रवेश पत्र शुल्क	500.00	—	500.00
12	प्रोस्पेक्टस शुल्क	500.00	—	500.00
13	कोशन मनी शुल्क (रिफण्डेबल)	2,000.00	—	2,000.00
14	कुल	21,400.00	19,400.00	40,800.00
15	छात्रावास शुल्क	4,500.00	6,750.00	11,250.00
	कुल योग:-	25,900.00	26,150.00	52,050.00

उक्त शुल्क एक बार जमा होने के बाद रिफण्डेबल राशि के अलावा अन्य रिफण्ड नहीं होगा।

संजीव शर्मा  
निदेशक

- प्रतिलिपि:- सूचनाएं एवं आवश्यक कार्यवाही हेतु।
01. डीन (एकेडमिक)।
  02. सम्पत्ति विभागाध्यक्ष।
  03. उपनिदेशक (प्रशासन)।
  04. चीफ वार्डन।
  05. छात्र/छात्रा, छात्रावास अधीक्षक, यू.जी.पी.जी./मिस्त्रीस्थान।
  06. य.त.आधिकारी।
  07. पुस्तकालयाध्यक्ष।
  08. शकपाल बोंयज फण्ड।
  09. निजी सहायक।

संजीव शर्मा  
निदेशक



दिनांक 05.02.2018

राष्ट्रीय आयुर्वेद संस्थान के द्रव्यगुण विज्ञान विभाग में निम्न प्रकार के सर्टिफिकेट कोर्स प्रस्तावित है  
जिनका विवरण निम्न प्रकार है:-

क्र.सं.	सर्टिफिकेट कोर्स के नाम	शुल्क विवरण	कोर्स की अवधि (घण्टों में)	अभ्यर्थी क्षमता
1.	सर्टिफिकेट कोर्स ऑन स्टेण्डर्डइजेशन ऑफ आयुर्वेदिक प्लान्ट मेटेरियल	आवेदन शुल्क-500/- पाठ्यक्रम शुल्क-15000/-	60	15
2.	सर्टिफिकेट कोर्स ऑन ट्रेनिंग फॉर ब्युटी केयर इन आयुर्वेद	आवेदन शुल्क-300/- पाठ्यक्रम शुल्क-10,000/-	42	15
3..	सर्टिफिकेट कोर्स फॉर ट्रेनिंग ओन आयुर्वेदिक मेथड्स ऑफ कुकिंग	पाठ्यक्रम शुल्क-800/-	09	10
4..	सर्टिफिकेट कोर्स ऑन प्राइमरी हेल्थ केयर शू किचन स्पाईसीस एण्ड लोकल प्लान्ट्स	पाठ्यक्रम शुल्क-800/-	08	15
5..	सर्टिफिकेट कोर्स ऑन न्यूट्रीशन एण्ड डाइटेटिक्स इन आयुर्वेद	पाठ्यक्रम शुल्क-800/-	09	15
6.	एडवांस्ड सर्टिफिकेट कोर्स ऑन ट्रेनिंग फॉर ब्युटी केयर इन आयुर्वेद	आवेदन शुल्क-500/- पाठ्यक्रम शुल्क-20,000/-	100	12

उपर्युक्त सर्टिफिकेट कोर्स में प्रवेश के इच्छुक अभ्यर्थी आवश्यक शुल्क निदेशक, राष्ट्रीय आयुर्वेद संस्थान, जयपुर के नाम से डी.डी. या एन.डि.एफ.टी. द्वारा अथवा नकद राशि संस्थान कैशियर के पास जमा करा सकते हैं जिसका सम्पूर्ण विवरण संगत विवरणिका में दिया जायेगा।

*msv*  
5-2-18  
विभागाध्यक्ष  
द्रव्यगुण विज्ञान विभाग

प्रतिलिपि:-

1. श्रीमान् निदेशक महोदय,
2. श्रीमान् उप निदेशक महोदय,
3. श्रीमान् लेखाधिकारी महोदय,
4. एन.ए.ए.सी प्रभारी
5. नोटिस बोर्ड

*SK*

## Advance Certificate Course On Training For Beauty Care In Ayurveda

LESSON	TITLE	DURATION
	<b>Part A: Basic concepts of beauty</b>	<b>6 hours</b>
1	<ul style="list-style-type: none"> <li>• Concept of beauty and cosmetology.</li> <li>• Explanations of terms <i>Varnya</i>, <i>Keshya</i>, <i>Vayahsthapana</i>, <i>Prasadana</i> according to <i>Ayurveda</i>.</li> </ul>	1.5 hours
2	Role of Metabolism in Beauty	1 hour
3	Effect of <i>Ahara- Vihara</i> , <i>ViruddhaAhara</i> , <i>Dincharya</i> , <i>Ritucharya</i> in maintenance of beauty.	1.5 hours
4	Guidelines regarding <i>Ahara</i> according to <i>Prakriti</i>	1 hour
5	<i>Ahara</i> for <i>Sthaulya</i> and <i>Karshya</i>	1 hour
	<b>Part B: Diseases influencing Beauty</b>	<b>14 hours</b>
6	Etiology and treatment of <i>Sthaulya</i> and <i>Karshya</i>	2 hours
7	Diagnosis and treatment of <i>Kshudraroga</i> related to face	2 hours
8	Diagnosis and treatment of <i>Kshudraroga</i> related to head	2 hours
9	Diagnosis and treatment of <i>Kshudraroga</i> related to upper and lower limbs	2 hours
10	Diagnosis and treatment of <i>Kshudraroga</i> related to mid body	2 hours
11	<i>Ayurvedic</i> management of sensitive skin, skin discolouration, scars, patch test.	2 hours
12	<i>Ayurvedic</i> management of chemical burns, sunburn, phototoxicity, cold burns	2 hours
	<b>Part C: Herbs and Yoga for beauty enhancement</b>	<b>11 hours</b>
13	<b>Herbs for beauty enhancement</b> (Identification, properties and actions of : a) <i>Varnya</i> , <i>Keshya</i> , <i>Raktaprasadan</i> b) <i>Vayahsthapan</i> , <i>Rasayana</i> , <i>Balya</i> , <i>Jivaniya</i> c) <i>Kandughna</i> , <i>Krimighna</i> , d) <i>Lekhaneeya</i> , <i>Swedapanayana</i> , <i>Vishaghna</i>	2 hours 2 hours 1 hour 2 hours
14	<b>Yoga for beauty enhancement:</b> a) Preventive b) Therapeutics	2 hours 2 hours
	<b>Part D: Formulations for beauty treatment through Ayurveda</b>	<b>15 hours</b>
15	<i>Ayurvedic</i> formulations for beauty enhancement: a) <i>Tailapaka</i> b) <i>Ghritpaka</i> c) Ointment d) Granules e) <i>Ayurvedic</i> face cream	10 hours
16	a) <i>Udvartana</i> b) <i>Dantamanjana</i> c) Natural astringent	2 hours
17	Introduction of classical formulations related to cosmetics: Discussion of ingredients and therapeutic uses	3 hours
	<b>Part E: <i>AyurvediyaKarma</i> for beauty enhancement and treatment</b>	<b>25 hours</b>
18	Basic theoretical information, demonstration and practice of:-	
	a) Full body massage with <i>marma</i> therapy	



	b) <i>Udavartan / Udgharshan</i>	
	c) <i>Shastishalipindasweda</i>	
	d) <i>Nasya</i>	
	e) <i>Shirodhara</i>	
	f) <i>Sirobasti</i>	
	g) <i>Ashchyotana, Pindi- vidalaka, Tarpana</i>	
	h) <i>Jalaukaavcharana</i>	
	<b>Part F: Primary information of modern instruments</b>	<b>2 hours</b>
19	Cutometer- Skin elasticity Skin glossometer – Skin glow Skin spectrophotometer & SIA scopy – Skin tone Sebum scale – Skin sebum (oil collector) Primos – Fine lines & wrinkles Moisture metre – Skin hydration Vapometer – Transepidermal water loss Fitz patric skin type scale.	
	<b>Part G: Implementation of <i>Sugandhachikitsa</i> for beauty enhancement</b>	<b>6 hours</b>
20	Information about herbs used in <i>Sugandhachikitsa</i>	
21	Preparation of: a) <i>Ayurvedic</i> deodorant b) <i>Arka</i> c) <i>Sugandhitadhoopana</i> d) <i>KwathaEvamTaila</i>	
	<b>Part H: Preparation of Herbal Cosmetic Products</b>	<b>6 hours</b>
22	a) Gel- hair gel, face gel b) Toothpaste c) Hair dye	
	<b>Part I: Legal Aspects</b>	<b>5 hours</b>
23	Drugs & Cosmetic act Legal terms of cosmetology & cosmetics Approval of herbs, minerals, preservatives, etc used in cosmetics Cosmetic law and regulations Cosmetic labelling guidelines Licences IPR & Patents Pharmacovigilance	
	<b>Part J: Management of beauty clinic</b>	<b>5 hours</b>
24	Guidelines for setting up of a beauty clinic including the knowledge of Budget, Interiors and Equipmentsetc involved.	1 hour
25	Basic knowledge about Marketing skills and different packages.	1.5 hours
26	Personality development and confidence build up	1 hour
27	Documentation and data management	1.5 hours
	<b>Theoretical &amp; Practical evaluation, feedback and Valedictory</b>	<b>5 hours</b>
<b>TOTAL</b>		<b>100 hours</b>

## Certificate Course On Training For Beauty Care In Ayurveda

Lesson	Title	Duration
	<b>Welcome &amp; Inauguration</b>	<b>0.5 hour</b>
1	Concept of Skin and skin types, skin growth and metabolism in the body.	1 hour
2	Practical demonstration about assessment of skin type based on Ayurvedic <i>Prakriti</i> (Body constitution).	1 hour
3	Skin cleansing, toning, tanning removal and moisturizing techniques based on Ayurveda.	1.5 hours
4	Daily routine body care and Toning	1 hour
5	Demonstration of Ayurvedic beauty enhancing procedures such as <i>Swedana</i> , <i>Aalepa</i> etc with different herbs.	1.5 hours
6	Practice session for participants	2 hours
7	Ayurvedic lifestyle suggestions for healthy skin	1 hour
8	Ayurvedic guidelines about diet and nutrition for healthy skin.	1 hour
9	Preparation of different <i>Lepa</i> (face packs).	1 hour
10	Application of <i>Mukhabhyanga</i> (Face massage) and <i>Mukhalepanam</i> (Face packs)	1.5 hours
11	Practice session for participants	1.5 hours
12	Lipcare, Eye Care, Nailcare & Dental Care through Ayurveda.	2 hours
13	Interactive cum practical demonstration of preparation of different herbal products for Eyes, Lips, Nails, Teeth etc.	1.5 hours
14	<i>Hasta-Paada Prasaadhanam</i> (Ayurvedic manicure and pedicure)	2 hours
15	Demonstration of Eye care, Lip care, Teeth care	1 hours
16	Practice session for participants	3 hours
17	Concept of <i>Keshayurveda</i> (hair, its types, hair growth and metabolism in the body, recommendation of diet and nutrition for the same).	1 hour
18	Assessment of hair type according to <i>Prakriti</i> (Constitution)	1 hour
19	Demonstration about Ayurvedic <i>Keshaparakshalana Vidhi</i> (hair washing techniques using homemade herbal cleanser)	1.5 hours
20	Hair conditioning in daily care.	0.5 hour
21	Practice session for participants	2 hours
22	Ayurvedic management of Hairfall, Dandruff, Premature greying etc.	1 hour
23	Demonstration of Ayurvedic hair spa, Ayurvedic hair dyes and hair packs.	3 hours
24	Demonstration of <i>Shiro Abhyanga</i>	1 hour
25	Practical demonstration of <i>Swedana</i>	1 hour
26	Demonstration with interactive session of <i>Shiro-lepanam</i>	1 hour
27	Interactive session cum practical demonstration of <i>Dhupana</i> and other hair care techniques.	1 hour
28	Practice session for participants	3 hours
	Evaluation & Valedictory ceremony	1 hour
<b>TOTAL</b>		<b>42 hours</b>



## Certificate course on Ayurvedic methods of cooking

S. No.	Recipes	Duration
<b>Day-1</b>		<b>3 hours</b>
1	MudgaYusha/ DadimYusha	
2	PatolShaak / karvellakshaak	
3	Khalatakra	
4	Apoop 1	
5	Narikelkhandpaak	
6	Kharjuraadimanth	
<b>Day-2</b>		<b>3 hours</b>
1	Dhanyakaadi Him	
2	Kushmandshaak	
3	Preeranmodaka	
4	Apoop 2	
5	Aam/ amlakiraag	
6	Vrishyayavagu	
7	Jaali/ Mulakyusha	
<b>Day-3</b>		<b>3 hours</b>
1	DhatriphalaadiPanak	
2	Rasala	
3	Manda-Peya-Vilepi	
4	ChaturbeejLaddu	
5	Suranshaak	
6	Ardrakpaak	
7	PanchmushtiYusha	

## Certificate Course On Primary Health Care Through Kitchen Spices And Local Herbs

	Title	Duration
<b>DAY 1</b>		
1.	Basic concepts of Ayurveda ( Dosha and Prakriti)	30 min
2.	Knowledge of kitchen spices and identification: Part- I	90 min
3.	Practical uses of spices and interactive discussion	60 min
4.	Preparation of different recipes using spices for health	60 min
<b>DAY 2</b>		
5.	Knowledge of kitchen spices and their practical uses: Part- II	30 min
6.	Surrounding herbal plants information and practical uses	90 min
7.	Common Herb identification and different preparations using surrounding plants	60 min
8.	Discussion and Summarization	60 min
<b>TOTAL</b>		<b>8 hours</b>

## Certificate Course On Nutrition And Dietetics In Ayurveda

Lesson	Title	Duration
<b>DAY 1</b>		
1.	Basic concepts of Ahara (Diet) and Poshana (Nutrition) in Ayurveda	60 min
2.	Interactive discussion regarding Myths in society and facts in Ayurveda about Dietary substances	60 min
3.	Ahara (Diet) according to Desha (Habitat), Kala (Season) and Prakriti (Body Constitution)	60 min
<b>DAY 2</b>		
4.	Ayurvedic Dietary guidelines and their benefits	60 min
5.	Concept of Agni (Digestive fire) and Ama (Intermediate metabolites) in Ayurveda	60 min
6.	Interactive discussion about Junk food and their harmful effects	60 min
<b>DAY 3</b>		
7.	Viruddha Ahara (Incompatible foods)	60 min
8.	Some useful food facts in Ayurveda for lifestyle disorders like Diabetes mellitus, High blood pressure & Obesity etc.	60 min
9.	What to eat: Healthy alternatives in Ayurveda	60 min
<b>TOTAL</b>		<b>9 hours</b>

## Certificate Course On Standardization Of Ayurvedic Medicinal Plant Material

Lesson	Title	Duration
1	Introduction about Ayurveda Drugs & Medicinal Plants	2 hour
2	Regulatory Guidelines for Manufacturing and testing of Ayurvedic Medicines.	1 hour
3	Importance Quality Control & Quality Assurance	1 hour
4	Demonstration of Common Laboratory Glassware and Equipment's	1 hour
5	Method of preparation of STP and SOP	1 hour
6	Analytical Calculation	1 hour
7	Principle and Technique for Herbs Identification	2 hour
8	Macroscopy	1 hour
9	Microscopy	1 hour



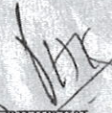
10	Foreign Matter	1 hour
11	Moisture Content	1 hour
12	pH	1 hour
13	Extractive Values: Water soluble extractive Alcohol soluble extractive Hexane soluble extractive Ether soluble extractive Chloroform soluble extractive	6 hour
14	Ash values: Total ash Acid insoluble ash Water soluble ash Sulphated ash	5 hour
15	Determination of volatile oils	3 hour
16	Determination of fixed oils	3 hour
17	Refractive index and Brix value	1 hour
18	Specific gravity	1 hour
19	Tap density and bulk density	1 hour
20	Thin layer chromatography	2 hour
21	Qualitative analysis of plant Metabolites- Carbohydrate, Proteins, Amino acids, Fat, Alkaloids, Glycosides, Tannins, Saponins, Flavonoids, Phenolic Compounds etc.	4 hour
22	Total sugar Reducing sugar Non reducing sugar	3 hour
23	Alkaloids Contents	3 hour
24	Saponin Contents & Saponification Value	2 hour
25	Foaming index	1 hour
26	Acid value	1 hour
27	Peroxide value	1 hour
28	UV - Vis spectroscopy	1 hour
29	Rancidity	1 hour
30	Mineral oil test	1 hour
31	Unsaponifiable matter & Total Fatty matter	4 hour
32	Iodine value	2 hour
<b>Total</b>		<b>60 hours</b>

दिनांक 02.03.2018

राष्ट्रीय आयुर्वेद संस्थान के शल्य तंत्र विभाग में निम्न प्रकार के सर्टिफिकेट कोर्स प्रस्तावित है  
जिनका विवरण निम्न प्रकार है:-

क्र.सं.	सर्टिफिकेट कोर्स के नाम	शुल्क विवरण	कोर्स की अवधि (दिनों में)	अभ्यर्थी क्षमता
1.	क्षारसूत्र सर्टिफिकेट कोर्स	आवेदन शुल्क-500/- पाठ्यक्रम शुल्क-15000/-	45	10

उपर्युक्त सर्टिफिकेट कोर्स में प्रवेश के इच्छुक अभ्यर्थी आवश्यक शुल्क निदेशक, राष्ट्रीय आयुर्वेद संस्थान, जयपुर के नाम से डी.डी. या एन.डि.एफ.टी. द्वारा अथवा नकद राशि संस्थान कैशियर के पास जमा करा सकते हैं जिसका सम्पूर्ण विवरण संगत विवरणिका में दिया जायेगा।

  
विभागाध्यक्ष  
शल्य तंत्र विभाग

प्रतिलिपि:-

1. श्रीमान् निदेशक महोदय,
2. श्रीमान् उप निदेशक महोदय,
3. श्रीमान् लेखाधिकारी महोदय,
4. एन.ए.ए.सी प्रभारी
5. नोटिस बोर्ड





### **Kshara Sutra Certificate Course – 45 days**

PG Department of Shalya Tantra  
National Institute of Ayurveda, Jaipur

#### **COURSE CURRICULUM**

<b>S. No.</b>	<b>TOPIC</b>	<b>Theory</b>	<b>Practical (OPD, IPD &amp; OT)</b>
1	Pre- Assessment	1 hour	5 hours
2	Surgery in Ayurveda	2 hours	5 hours
3	Applied Anatomy of rectum, anal canal and perineum	2 hours	5 hours
4	Applied Physiology of rectum and anal canal	2 hours	5 hours
5	Diagnosis of Anorectal disorders	2 hours	5 hours
6	Preparation of Pratisaraneeeya Teekshna Kshara	2 hours	5 hours
7	Fistulogram	2 hours	5 hours
8	Preparation of Kshara Sutra	2 hours	5 hours
9	Diagnostic modalities in Anorectal diseases	2 hours	5 hours
10	Anaesthesia in Anorectal disorders	2 hours	5 hours
11	Nadivrana – Sinus/Pilonidal Sinus	2 hours	5 hours
12	Bhagandara Pidaka	2 hours	5 hours
13	Bhagandara	3 hours	5 hours
14	Fistula-in-ano	3 hours	5 hours
15	Indications and Contraindications of Kshara Sutra	2 hours	5 hours
16	Complicated fistulae and their management	2 hours	5 hours
17	Problems and Complications of Kshara Sutra therapy	2 hours	5 hours
18	Arshas	2 hours	5 hours
19	Kshara Karma in Anorectal disorders	2 hours	5 hours
20	Haemorrhoids	2 hours	5 hours
21	Wound management during Kshara Sutra therapy	2 hours	5 hours
22	Adjuvant measures during Kshara Sutra therapy	2 hours	5 hours
23	Parikartika/Fissure-in-ano	2 hours	5 hours
24	Gudabhransa/Rectal prolapse	2 hours	5 hours
25	Use and abuse of laxative, analgesics and antibiotics	2 hours	5 hours
26	Guda Arbuda / Carcinoma of Rectum	2 hours	5 hours
27	Research works done on Kshara Sutra	2 hours	5 hours
28	Research works done on Kshara Karma	2 hours	5 hours
29	Post - Assignment	1 hour	5 hours
30	Panel Discussion	2 hours	5 hours
		60 hours	150 hours
	<b>Total</b>	<b>210 hours</b>	

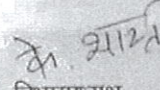
क्रमांक: 2606

दिनांक: 12-03-2019

राष्ट्रीय आयुर्वेद संस्थान के प्रसूति स्त्री रोग विभाग में निम्न प्रकार के सर्टिफिकेट कोर्स प्रस्तावित हैं जिसका विवरण निम्न प्रकार है-

1	सर्टिफिकेट कोर्स के नाम	शुल्क विवरण	कोर्स की अवधि (घण्टों में)	अभ्यर्थी क्षमता
2.	सर्टिफिकेट कोर्स इन स्त्री रोग स्थानिक चिकित्सा	आवेदन शुल्क -500/- पाठ्यक्रम शुल्क -15000/-	45 दिन (225 घण्टे)	15

उपर्युक्त सर्टिफिकेट कोर्स में प्रवेश के इच्छुक अभ्यर्थी आवश्यक शुल्क निदेशक, राष्ट्रीय आयुर्वेद संस्थान, जयपुर के नाम से डी.डी. या एन.इ.एफ.टी. द्वारा अथवा नकद राशि कैशियर के पास जमा करा सकते हैं जिसका सम्पूर्ण विवरण संगत विवरणिका में दिया जायेगा।

  
विभागाध्यक्ष  
प्रसूति स्त्री रोग विभाग

प्रतिलिपि:-

01. श्रीमान् निदेशक महोदय
02. श्रीमान् उप-निदेशक महोदय
03. श्रीमान् लेखाधिकारी महोदय
04. एन.ए.ए.सी प्रभारी
05. नोटिस बोर्ड





# Certificate Course in Striroga Sthanika Chikitsa

P.G. Department of Prasutitantra and Striroga  
NATIONAL INSTITUTE OF AYURVEDA, JAIPUR

## COURSE CURRICULUM

### Theory

(Per day 01 hour theory class for 45 days)

S.No.	TOPIC	Theory Hours
1	Basic Concepts of Gynecology In Ayurveda	01
2	Applied Anatomy of Reproductive Organs	03
3	Applied Physiology of Reproductive Organs	03
4	Diagnosis of Gynecological Diseases	03
5	Pharmacological Aspects of Drugs Used In Striroga	03
6	Pharmaceutical Aspects of Drugs Used In Striroga	03
	Assignment-I	01
7	Basic Concepts of Sthanika Chikitsa	02
8	Applied Aspects of Sthanika Chikitsa	03
9	Yoni Prakshalan	01
10	Yonipichu	01
11	Ksharakarma	02
12	Agnikarma	02
	Assignment-II	01
13	Yoni Pottali (Yoni Kalkadharana)	01
14	Sthanika Snehana and Swedana	01
15	Yonivarti	01
16	Yonipralepa	01
17	Yonidhupana	01
18	Matra Basti	01
19	Madhutailik Basti	02
20	Niruha Basti	01
21	Uttarabasti	03
22	Research Works Done on Kshara Karma, Agnikarma Uttaravasti, Yoniprakshalana etc. with special reference to Gynecology,	03
	Assignment-III	01
	<b>Total Hours/Classes</b>	<b>45</b>

### Practical

(Per day 04 hours practical for 45 days)

S.No.	TOPIC	Hours
1	Introduction to Sthanika Chikitsa in Prasuti tantra evum Striroga	05
2	Diagnosis of Gynecological Diseases	10
3	Preparation of materials/drugs for Sthanika chikitsa	10
4	Basic Concepts of Sthanika Chikitsa	10
5	Applied Aspects of Sthanika Chikitsa	10
6	Yoni Prakshalan	10
7	Yonipichu	08
8	Ksharakarma	12
9	Agnikarma	12
10	Yoni Pottali (Yoni Kalkadharana)	10
11	Sthanika Snehana and Swedana	10
12	Yonivarti	08
13	Yonipralepa	10
14	Yonidhupana	10
15	Matra Basti	10
16	Madhutailik Basti	10
17	Niruha Basti	10
18	Uttarabasti	15
<b>Total Hours</b>		<b>180</b>

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**PG DEPARTMENT OF PANCHAKARMA**  
**NATIONAL INSTITUTE OF AYURVEDA, JAIPUR**

**Details of Running Courses**

S.N.	NAME OF COURSE	DURATION	APPLICATION FEE	COURSE FEE	Duration (In hours)	No. of seats per batch
1	Panchkarma Technician Course	1 year	Rs. 500/-	Rs.1 5000/-	1500	30
2	45 Days Panchkarma Certificate course	45 Days	Rs. 500/-	Rs. 36000/-	210	10

25/4/19  
Head (I/C)

Department of Panchakarma,  
National institute of Ayurveda,  
Jaipur





**SYLLABUS: PANCHKARMA TECHNICIAN CERTIFICATE COURSE**

Course: 1 Year Full Time

**FIRST PAPER: FUNDAMENTAL OF AYURVEDA**      Theory 100,      Practical 50

**Part A**

- I) Definition of Sharira and Shaarira, Garbha Sharira, Shadanga Sharira, Definition of Koshta and Kosthanga. Knowledge of Shira, Dhamani, Srotas, Asthi, Sandhi, Snayu, Lasika, Kandara, Peshi, Kala, Twacha, Dashvidha Pranayatana and Marma. General anatomy of Digestive system, Cardio-vascular system, respiratory system, Urinary system, musculo-skeletal system, central nervous system, knowledge of sense organs.
- II) Definition and general knowledge of Dosha, Dhatu and Mala, Dosha-dushya samurcchana and its importance in disease. Indriya, Indriya Artha, Indriya Adhishtana, Gyanendriya, Karmendriya, concept of Agni, Koshta and types, Concept of Oja, Concept of Prakriti and its type, Basic study of cell and tissue, Basic concept of Blood and its components, Physiology of digestion, blood circulation, respiration, excretion etc. basic concept of endocrine glands.

**Part B**

- I) Role of paramedical staff in Panchkarma and Ayurveda Hospital, Personal hygiene.
- II) General knowledge about Ritucharya, dinacharya etc.
- III) General knowledge of Dravya guna and Various Aushad Dravyas used in Panchkarma.
- IV) General knowledge of Bhaisajya kalpana and methods of preparation, preparation of Peyadi samsarjan karma, Mana Paribhasa and Matra Nirdharana.
- V) Detailed knowledge about the materials, equipments and instruments used Panchkarma therapy,

**Practical:** Practical study of location of Marma and surface anatomy, Introduction to instruments-Stethoscope, B.P. Apparatus, Thermometer, Blood Pressure, Pulse examination, respiratory rate examination, knowledge of record keeping, Assessment and recording of Input and output.

**SECOND PAPER: PURVAKARMA**

Theory 100,

Practical 100

**Part A**

Pancha Karma, its place in the therapy, Samsodhana and Samsamana, scope and importance of Pancha Karma, Sadupakramas and Panch Karma Therapy, Pancha Karma Kala Vichar, Ashtanga Ayurveda evum Pancha Karma, Yogya and Ayogya of Pancha



Karma, special qualities of Paricharaka, dealing the Pancha Karma, common Pathya and Apathya of Pancha Karma

- II) Snehana Karma: Sneha and the properties, sources of Snehana Dravyas, Snehopaga durgs; The indications, contraindications, Procedures, types and schedule of Snehana; Features of adequate, inadequate and excessive oleation; Snehana as independent therapeutic measures. Internal Snehana: Accha Snenapana and Vicharana types, the preparations used and dosage schedule.
- III) Abhyanga (Massage): Its types, methods, indications, contraindication and duration. Physiological and anatomical implications of massage therapy. Medium of Abhyanga- Snigdha Ruksha. General knowledge of oil useful in Abhyanga. Direction and degree of pressure of massage.
- IV) Parisheka, Udavartana, Udgharshana, mardana and Samvahana-their definition, specific uses and indications. Avagaha, Kavalagraha And Gandusa, Lepa (medicinal plaster), its types-Pralepa, Pradeha and Aalepana; Upanaha (Poultice) methods, drugs used and indications, Pichu uses and types, Dhupana.

#### Part B

- I) Dharakarma, Kayaseka (Pizchil) and types, Anna Lepa and Sirolepa, their specific indications types and detailed procedures, Sirahseka (Sirodhara) method, indications, materials used, Dharakalpa Takradhara, Kashaya Dhara, Jala Dhara, Taila and Ghrita Dhara, Sirobasti- Procedure, duration and indications.
- II) Swedana, The properties and sources of Swedana Dravyas, Swedopaga drugs; The indications contraindications procedures, types and schedule of swedana; Features of adequate, inadequate and excessive Swedana, Pinda Sweda- Details of materials used, their preparation, procedure. Variants of Pinda Sweda.  
Sagni Sweda: Sankara, Prastra, Nadi, Pariseka, Kuti etc. Tapa Sweda Vs. Usma sweda consideration, Kati Basti, Janu Basti, Manya Basti and Urah Basti.  
Niragni Sweda: With special reference to Vyayama (exercises) and Atapa Sevana (Exposure to sun rays), their types, general knowledge of indications and contraindications.

**Practical:** Practical Knowledge and experiences of all Purvakarmas techniques, Practical demonstration of different Purvakarma Procedures, Handling patients undergoing Purva Karma, knowledge of procedure record keeping.



## THIRD PAPER: PRADHANAKARMA

Theory 100, Practical 100

## Part A

- I) Vamana Karma: Its Significance; Vamaka Dravyas (emetics), Vamanopaga Dravya, General indications and Contraindications, procedure of Vamana Karma, preparation of the patient, Dhupana after Vamana, general knowledge of Samyak Vamana and vyapad, regimen following Vamana, Samasarjana Karma.
- II) Virecana Karma: Virecana drugs and Yogas, their types, General Indications & Contraindications of Virechana, general knowledge of Samyak Virechana and vyapad; Samasarjana Karma.
- III) Basti Karma: Its significance as a unique therapeutic procedure; its anatomical, pharmaceutical, pharmacological classifications; types based on numbers, schedule, action and quantity, the Asthapana and Anuvāsana drugs; Indications, contraindications, procedure of Asthapana and Anuvāsana Basti, factors to be examined in relation to Basti Karma. Basti Pratyagamana Kala, general knowledge of Samyak Basti and Basti vyapad, Post-Basti regimen.

## Part B

- I) Sirovirechana, or Nasya Karma: Its significance In prevention and treatment of Urdhwa Jatrugata Vikaras; classification of Nasya; Navana, Avapidaka, Dhupana (Pradhamana) and Dhupana, Marsha and Pratimarsha Nasya, Sirovirecana and Nasya drugs, Indications contraindications, Procedure and precautions of Nasya Karma, Post Nasya regimen, general knowledge of Samyak Nasya and vyapad
- II) Rakta Mokshana: Its classification, indications, Contraindications and procedure; indications according to Dosha involvement state of Dosha, Rakta and patient, Jalaukavacarana Prachhana, Srunga, Alabu, Ghatyantra, Siravedha- its indications contra- indications, general knowledge of Samyak Rakta Mokshana and vyapad, Measures to Stop blood flow.
- III) Others: Agni Karma types, method, indication and contra indications. Various types of Kriya Kalpa - Tarpana, Putapaka, Seka, Ashchyotana, their method of application, indication and contra indications.



**Practical 100 Marks:** Experience of handling patients undergoing Pradhana Karma and Paschat Karma, Practical Knowledge and experiences of all Karmas, knowledge of procedure record keeping.

**Curriculum & Syllabus for Panchkarma Technician Certificate course.**

Duration of Course : 1 year  
 Total theory hours : 300 hrs.  
 Total practical hours : 1200 hrs.  
 Total : 1500 hrs.

**Examination schedule**

Paper	Maximum marks			Minimum marks		
	Theory	Practical	Total	Theory	Practical	Total
1 <sup>st</sup>	100	50	150	50	25	75
2 <sup>nd</sup>	100	100	200	50	50	100
3 <sup>rd</sup>	100	100	200	50	50	100

**Time table:**

Days	9:00 to 1:00 PM	1:00 to 2:00 PM	2:00 to 3:00 PM
Mon	Practical's will be conducted in Panchkarma department at NIA.	Lunch	Anatomy
Tue			Physiology
Wed			Dravyaguna/ Bhaisajya
Thur			kalpana/ Swathvritta
Fri			Panchkarma
Sat			Panchakarma

**Certificate:** Certificate will be provided to the qualified students by the college. Examination will be conducted annually, in which duration of theory paper will be 3 hrs each paper. Minimum passing marks in theory as well in particle will be 50%. Supplementary examination will be conducted after 3 months.

**General rules and regulation:** Will be followed as per NIA guidelines.