




राष्ट्रीय आयुर्वेद संस्थान  
मानद विश्वविद्यालय (डी-नोवो)  
(आयुष मंत्रालय, भारत सरकार)  
**NATIONAL INSTITUTE OF AYURVEDA**  
Deemed to be University (De-novo)  
(Ministry of AYUSH, Govt. of India)



शल्य तंत्र विभाग राष्ट्रीय आयुर्वेद संस्थान मानद विश्वविद्यालय द्वारा 45 दिवसीय क्षारसूत्र सर्टिफिकेट कोर्स प्रस्तावित है जिसका विवरण निम्न प्रकार है:-

क्र. सं.	सर्टिफिकेट कोर्स का नाम	कोर्स प्रारम्भ करने की तिथि	कोर्स की अवधि (दिनों में)	अधिकतम अभ्यर्थी क्षमता	प्रशिक्षणार्थियों को देय मानदेय राशि रु.
1.	क्षारसूत्र सर्टिफिकेट कोर्स	15.02.2022	45	20	9000/-मात्र

उपर्युक्त सर्टिफिकेट कोर्स में प्रवेश के इच्छुक अभ्यर्थी निःशुल्क आवेदन निर्धारित आवेदन पत्र में Email id [niashalvatranadu@gmail.com](mailto:niashalvatranadu@gmail.com) पर दिनांक 03.02.2022 से दिनांक 10.2.2022 तक कर सकते हैं। विस्तृत जानकारी के लिये Academic Brochure का अवलोकन करें।

  
विभागाध्यक्ष  
शल्य तंत्र विभाग



# NATIONAL INSTITUTE OF AYURVEDA

Deemed to be University (de-novo)

Jorawar Singh Gate, Amer road, Jaipur

An Autonomous Institute under the Ministry of AYUSH, Govt. of India



## Academic Brochure

### KSHARA SUTRA CERTIFICATE COURSE

Under Champion Service Sector Scheme of Government of India

#### **About Institute:**

The National Institute of Ayurveda was established on Feb. 7<sup>th</sup>, 1976 by the Government of India as an apex Institute of Ayurveda in the country to develop high standard of teaching, training and research in all aspects of Ayurvedic System of Medicine with a scientific approach. Honorable Prime-minister of India declared NIA as Deemed to be University under De Novo category on Nov. 9<sup>th</sup>, 2020.

The NIA, Deemed to be University is NAAC accredited with grade “A” and imparts UG, PG, Ph.D., MSc courses, Diploma Course in Ayurveda Nursing and Pharmacy and Certificate courses of different durations. The Institute is engaged in Teaching, Clinical and Research at Under Graduate, Post Graduate and Ph.D. level. Admission to Under Graduate, Post Graduate and Ph.D. level is made on the basis of entrance Examination. The PG Course of MD/MS(Ay.) is available in 14 Specialties, viz. Agad Tantra, Dravya Guna, Kayachikitsa, Kaumar Bhritya, Maulik Siddhanta, Panchkarma, Prasuti Tantra & Stri Roga, Roga & Vikrit Vigyan, Rasa Shastra, Sharir Rachana, Sharir Kriya, Shalya Tantra, Shalakyta Tantra and Swastha Vritta. There are two PhD seats available in each Department per year and Diploma in Ayush Nursing and Pharmacy (DAN&P) also running regularly. Various certificate courses also conducted time to time in various Departments.

The Institute has a 300 Bedded NABH accredited NIA Hospital, with OPD and a Primary Emergency Care Unit and NABL accredited laboratory. Satellite branches of NIA are at SSBH Kishanpol Bazar, Satellite Hospital in Jawahar Nagar, Satellite Hospital Jamwa Ramgarah, Jaipur.

There is specialized Kshara Sutra setup with large number of daily patients for a number of Kshara Sutra procedures. Minor & Major Operation Theatre and Para surgical Unit available within the Department of Shalya Tantra, Specialty Clinics for Diabetes, Allergy, Geriatric, Dietary, Child Mental Health and other specialty clinics etc. are also available in the Hospital for specialized consultation and treatment.

#### **Kshara Sutra certificate course-**

Ayurvedic medicine has its own importance for the treatment of various medical and surgical diseases irrespective of tremendous development of modern medicine. There are number of diseases where modern surgery is unable to offer satisfactory treatment and recurrence of these diseases is common even after repeated surgeries. Kshara Karma and Kshara Sutra therapy is a Minimal Invasive Ayurvedic Para-surgical procedure and time-tested Ayurvedic technique in the management of Anorectal disorders. It is a safe, sure and cost effective method of treatment for fistula-in-ano, Haemorrhoids and other sinus diseases.

A 45 days Kshara Sutra Certificate Course is being offered by NIA, Deemed to be University (De Novo), Jaipur in the Department of Shalya Tantra. This course is for Ayurvedic graduates, Practitioners, Medical Officers, Ayurvedic College teachers & Researchers.

### **Aims and Objectives of the Course -**

To provide applied knowledge of Kshara Karma, Kshara Sutra and their application in the management of commonly encountered ano-rectal disorders especially in the treatment of fistula in ano, Haemorrhoids and other sinus diseases.

**Type of the Course** – 45 days Certificate course will be a contact learning programme with periodical assessments of the participants.

### **Outcome of the Course –**

Proficiency regarding the performing Kshara Karma and Kshara Sutra therapy in various ano-rectal ailments

### **ADMISSION IN KSHARA SUTRA CERTIFICATE COURSE**

**Eligibility for Admission-** Ayurvedic graduates, Registered Practitioners, Medical Officers, Ayurvedic College teachers & Researchers.

**Duration:** 45 days

**Selection Procedure:** On the basis of availability of seats and first come first serve.

**Medium of Instruction:** English and Hindi

**Seats:** 20 participants

**Certificate:** Regular assessments will be done throughout the programme. Certificate will be provided to the trainees after clearing the Exit exam with minimum 50% marks.

**General rules and regulation:** Will be followed as per NIA, Deemed to be university (de-novo), Jaipur guidelines.

**Boarding and Lodging:** Participants will have to arrange their own.

**Timing:** Total Duration of the certificate course will be of 45 Days effectively divided in Theory and Practical classes.

**Application Fee** –No application fee will be charged for the course. All interested applicant has to fill the application form with all necessary documents required.

**Financial Assistance:** Rs. 9000/- per student after the completion of the training program and obtaining completion certificate.

### **How to apply-**

Candidates are required to apply in the prescribed format downloaded from website or neatly typed on A4 size paper on one side as per the format available on the website - <http://nia.nic.in>. Application form duly signed, completed in all respects, enclosing self-attested copies of all certificates, educational qualifications and is to be E-mailed as a single PDF file to the Email ID [niashalyatantradu@gmail.com](mailto:niashalyatantradu@gmail.com) on or before 10.02.2022. Institute will not consider any another format or application proforma.

**Mail- Id for submitting application form -** [niashalyatantradu@gmail.com](mailto:niashalyatantradu@gmail.com)

### **Invalid Applications:**

Candidates are advised to read all instructions carefully before sending their applications otherwise their applications are likely to be rejected on one or more of the following reasons in terms of the notifications.

- Applications received after the closing date.
- Applications not in prescribed format.
- Candidates not having the required qualification.
- Applications without latest photo not being pasted in the provided space.
- Application without signature.
- Applications, which are incomplete/illegible in any manner.
- Application on another format not prescribed by NIA, Deemed to be University (de-novo), Jaipur.

**Last Date of receiving application:** 10<sup>th</sup> February, 2022

**Starting Date of the Course:** 15<sup>th</sup> February, 2022

**Admission Procedure:** Selection of the candidates will be done as per First come first serve basis. The submitted application forms will be scrutinized/ screened and the selected candidates will be intimated by phone/email. The Director cum Vice-chancellor, NIA reserves all right to reject any application form without assigning any reasons.

### COURSE CURRICULUM

S. No.	TOPIC	Theory	Practical (OPD, IPD & OT)
1	Pre- Assessment	1 hour	5 hours
2	Surgery in Ayurveda	2 hours	5 hours
3	Applied Anatomy of rectum, anal canal and perineum	2 hours	5 hours
4	Applied Physiology of rectum and anal canal	2 hours	5 hours
5	Diagnosis of Anorectal disorders	2 hours	5 hours
6	Preparation of Pratisaraneeya Teekshna Kshara	2 hours	5 hours
7	Fistulogram	2 hours	5 hours
8	Preparation of Kshara Sutra	2 hours	5 hours
9	Diagnostic modalities in Anorectal diseases	2 hours	5 hours
10	Anaesthesia in Anorectal disorders	2 hours	5 hours
11	Nadivrana – Sinus/Pilonidal Sinus	2 hours	5 hours
12	Bhagandara Pidaka	2 hours	5 hours
13	Bhagandara	3 hours	5 hours
14	Fistula-in-ano	3 hours	5 hours
15	Indications and Contraindications of Kshara Sutra	2 hours	5 hours
16	Complicated fistulae and their management	2 hours	5 hours
17	Problems and Complications of Kshara Sutra therapy	2 hours	5 hours
18	Arshas	2 hours	5 hours
19	Kshara Karma in Anorectal disorders	2 hours	5 hours
20	Haemorrhoids	2 hours	5 hours
21	Wound management during Kshara Sutra therapy	2 hours	5 hours
22	Adjuvant measures during Kshara Sutra therapy	2 hours	5 hours
23	Parikartika/Fissure-in-ano	2 hours	5 hours
24	Gudabhramsa/Rectal prolapse	2 hours	5 hours
25	Use and abuse of laxative, analgesics and antibiotics	2 hours	5 hours
26	Guda Arbuda / Carcinoma of Rectum	2 hours	5 hours
27	Research works done on Kshara Sutra	2 hours	5 hours
28	Research works done on Kshara Karma	2 hours	5 hours
29	Post – Assignment	1 hour	5 hours
30	Panel Discussion	2 hours	5 hours
		60 hours	150 hours
	<b>Total</b>	<b>210 hours</b>	

**Contact Regarding Queries:** Dr. Lokendra Pahadiya, Co-ordinator, **Mobile no -8824635254**

**NATIONAL INSTITUTE OF AYURVEDA**

**Deemed To Be University (De Novo)**

Jorawar Singh Gate, Amer road, Jaipur-302002

**APPLICATION FORM FOR KSHARA SUTRA CERTIFICATE COURSE**



1. Name in full (CAPITAL letters): \_\_\_\_\_
2. Father's /Husband's Name: \_\_\_\_\_
3. Nationality (Enclose Govt. ID): \_\_\_\_\_
4. Gender: Male/ Female
5. Date of birth: dd \_\_\_\_ mm \_\_\_\_ yyyy \_\_\_\_\_ (10th class or Matriculation certificate to be attached)
6. Age (as on closing date of application according to Matriculation Certificate) \_\_\_\_\_
7. Category (Foreign National/General/SC/ST/OBC/Phy. Handicapped/ \_\_\_\_\_)
8. Address For Communication With Pin Code. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
9. Email Id: \_\_\_\_\_ Telephone No- \_\_\_\_\_ Mobile : \_\_\_\_\_
10. Educational Qualification: .....

**List of Enclosures for the Application – Date of Birth certificate, Essential Qualification certificate - 12<sup>th</sup> Marks Sheet, BAMS Degree Certificate (Please enclose self-attested copy of each certificate & mark sheet), NOC/Recommendation from the Department/Institution for in-service candidates.**

**DECLARATION**

I hereby declare that the information mentioned in this Application is correct and true to the best of my knowledge and belief and I understand that furnishing false/improper information will lead to rejection and cancellation of my candidature and also that I am liable for legal and/or disciplinary action as may be initiated by the National Institute of Ayurveda, Deemed to be University, De-Novo, Jaipur.

Date:

**Signature of the Candidate**