



NATIONAL INSTITUTE OF AYUREVDA

Deemed to be University, Jaipur (Raj.)

Ministry of Ayush, Govt. of India

"तद्विद्यसम्भाषा बुद्धिवर्धनानाम्"

6 Days CME

on

**Exploring Ayurveda Aahara: Scientific
Insights into Traditional Dietary Practices
for Teachers / Scientists of
Rasashastra Evam Bhaishajya Kalpana
and**

Swasthavritta & Yoga

25-30 August 2025



Sponsored by

Ministry of Ayush, Government of India

Co-ordinated by

Rashtriya Ayurveda Vidyapeeth, New Delhi

Chief Patron



Vaidya Rajesh Kotecha
Secretary, Ministry of Ayush,
Government of India.

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Vice-Chancellor
NIADU, Jaipur

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Swasthavritta & Yoga



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Swasthavritta & Yoga

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Sr. Assistant Professor
Rasashastra & BK



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Assistant Professor
Rasashastra & BK



Dr. Punit Chaturvedi
Assistant Professor
Swasthavritta & Yoga



Dr. Reetesh Ramnani
Assistant Professor
Rasashastra & BK



Dr. Sangeeta Verma
Assistant Professor
Swasthavritta & Yoga



Dr. Shobhnath Yadav
Pharmacy Manager
NIA Pharmacy



Dr. Subhash Yadav
Phytochemist, DTL
Rasashastra & BK



Mr. Sudesh Yadav
Chemist, DTL
Rasashastra & BK



राष्ट्रीय आयुर्वेद संस्थान

मानद विश्वविद्यालय (डी-नोवो)
(आयुष मंत्रालय, भारत सरकार)

NATIONAL INSTITUTE OF AYURVEDA

Deemed to be University (de-novo)
(Ministry of AYUSH, Govt. of India)



F.No. F5(M)/RSBK/CME/2025/410E

Date: 25.07.2025

CIRCULAR

6 DAYS CME FOR TEACHERS ON EXPLORING AYURVEDA AAHARA: SCIENTIFIC
INSIGHTS INTO TRADITIONAL DIETARY PRACTICE FOR RSBK AND
SWASTHAVRITTA & YOGA TEACHERS/SCIENTISTS

(25 to 30 August 2025)

SPONSORED BY AYURGYAN SCHEME, MINISTRY OF AYUSH, NEW DELHI
CO-ORDINATED BY RASHTRIYA AYURVEDA VIDYAPEETH, NEW DELHI

To,

The Principal /Director /Dean
All Ayurveda Colleges in India,

Subject: Invitation to Participate in 6-Day CME Programme (25 – 30 August 2025)

Ref: RAV Letter no.F.No.65-114/RAV/2017-18/E&C, Date: 27.06.2025

Respected Sir/Madam,

With reference to the subject cited above, I would like to inform you that the Department of Rasashastra & Bhaishajya Kalpana and Swasthavritta & Yoga, NIA, are jointly organizing a 6-day CME programme from 25 to 30 August 2025 for Teachers/Scientists of Rasashastra & Bhaishajya Kalpana and Swasthavritta & Yoga. This CME is sponsored by the Ministry of AYUSH and coordinated by Rashtriya Ayurveda Vidyapeeth, New Delhi.

You are kindly requested to depute one teacher /Scientist from your institute to attend the CME. As the number of participants is limited to 30, we request you to apply through the Google Form at the earliest.

The details of the CME and the application form are annexed herewith for your reference and necessary action.

Thank you.

Prof. Sanjeev Sharma

Vice-chancellor

National Institute of Ayurveda (De-Novo)
Jaipur (Raj.) 302002

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Jorawar Singh Gate, Amer Road, JAIPUR-302002

Tel.fax : 0141-2635816, Website : www.nia.nic.in, E-mail : nia-rj@nic.in

REVISED DETAILS OF CME

Name of the CME	6 Days CME for Teachers on Exploring Ayurveda Aahara: Scientific Insights into Traditional Dietary Practices” for Ras Shastra & Bhaishjya Kalpana and Swasthviritta & Yoga Teachers/Scientists
Duration	25 th August to 30 th August 2025 (6 days)
Venue	Auditorium Committee Hall, NIA, Jaipur
Eligibility of Trainees	<ul style="list-style-type: none"> Teaching faculty of Ras Shastra & Bhaishajya Kalpana working in Recognized Ayurveda College. Teaching faculty of Swasthavritta & Yoga working in Recognized Ayurveda College. Teachers who have already attended 2 CME programmes in the year 2024-25 are not eligible.
Maximum no. of Trainees	<ul style="list-style-type: none"> 30 (Thirty)
Procedure to Apply	<ul style="list-style-type: none"> Eligible teachers can apply by filling in the enclosed Application Form and then duly recommended by Head of the Institute. The candidate should apply for the CME programme through google form link https://docs.google.com/forms/d/e/1FAIpQLSd9jUCLugNMZiMXNFEZOXh_wn0gJ4aArd25G0FrSJ_Yio6NWA/viewform Duly filled in application form along with self-certified scanned copies of Educational Qualification (PG/Ph.D degree), Aadhar Card, PAN card, Registration certificate(NCISM/state), Bank passbook first page or cancelled cheque should be uploaded both on google form as well as send it on mail id aaharacmenia2025@gmail.com on or before 5pm of 5.08.2025. Applications which are not complete, and applications received after due date will not be considered. Applications not submitted through Google Form will also be considered as incomplete. It is mandate for the selected candidates to bring original hard copies of abovementioned documents at the time of CME and submit it to the committee.
Procedure of selection	<ul style="list-style-type: none"> Guidelines of Teachers CME scheme will be applicable. Selected participants will be informed by email on or before 10.08.2025
Payment of TA	<ul style="list-style-type: none"> Actual fare or up to the rail fare of AC 2 tier class, whichever is less. Payment of TA & journey DA will be made only at the end of programme. Payment will be made directly to the bank account by electronic transfer. Reimbursement of journey performed by road is permissible for the places which are not connected by rail. The road mileage will be limited to 2 AC rail charges or actual claim, whichever is lower.

	<ul style="list-style-type: none"> • PLEASE BE NOTED THAT TATKAL OR DYNAMIC PRICING TRAIN TICKETS WILL NOT BE REIMBURSED. • The payment of TA and food bills shall be made only on production of original tickets/ bills.
Lodging and Participation Certificate	<ul style="list-style-type: none"> • The trainees will be provided the best possible lodging and Certificate. • The certificate will be issued at the end of the CME.
Organizing Committee	<ul style="list-style-type: none"> • Chief Patron - Vaidya Rajesh Kotecha, Secretary, Ministry of Ayush, Govt. of India. • Patron- Prof. Sanjeev Sharma, Vice-Chancellor, NIA, Jaipur Organizing • Chairman- Prof. Anupam, HOD, P.G. Department of RS&BK, NIA, Jaipur • Organizing Co-Chairperson: Prof. Durgawati Devi, HOD Dept.of Swasthvritta & Yoga and Dept. of Ayurveda Diet and Nutrition. • Organizing Secretary- Prof. Rajendra Prasad Sharma • Joint Organizing Secretaries- 1.Prof.Sanjay Kumar Agarwal 2. Prof.Mohar Pal Meena 3. Dr.Sarvesh Agarwal 4. Dr.Ravi Kumar • Coordinators -1. Dr. Sakhitha KS 2. Dr.Thakur Rakesh Singh 3. Dr.Punit Chaturvedi 4. Dr.Reetesh Ramnani 5. Dr.Sangeeta Verma 6. Dr.Shobhnath Yadav 7. Dr.Subhash Yadav 8. Mr.Sudesh Yadav • Contact Persons : <ol style="list-style-type: none"> 1. Dr Ayushi Khandelwal Assistant Professor 6377551483 2. Dr.Gunal Khobragade PhD Scholar 9694035632 <p>(Contact between 9 AM and 4 PM on working days.)</p>

Details are also available on Institute's website-<http://nia.nic.in>

APPLICATION FORM

**CME programme for Teachers of Rasashastra Evam Bhaishajya Kalpana and
Swasthavritta & Yoga**

25th AUGUST TO 30th AUGUST 2025

(Sponsored by Ministry of AYUSH, Govt. of India, New Delhi)

Co-ordinated by Rashtriya Ayurved Vidyapeeth, New Delhi

To,

Prof. Anupam Srivastava,

Organizing Chairman,

Head, Department of Rasashastra and Bhaishajya Kalpana

National Institute of Ayurveda, Jorawar Singh Gate,

Amer Road, Jaipur-302002 (Rajasthan)

Sir,

I hereby submit my application to participate in 6-days CME for Teachers of Rasashastra Evam Bhaishajya Kalpana and Swasthavritta & Yoga being organized by your institute. My details are as follows:-

Full Name(in BLOCK letters)

Father's /Husband's Name

Date of Birth: Age: Gender

Educational Qualification: (Attach copy)

Name of Degree	Subject

Registration No.: (NCISM/State).. Attach copy.....

NCISM Teachers code:.....

Designation:.....Department:

..... Name of Institute:

.....

Teaching experience:..... Years.....Months

Have you participated in ROTP/CME earlier: YES/NO

If yes, details of ROTP/CME should be completed by candidate -

Sr. No.	ROTP/CME	Organizing Institute	Dates (From - To)

Full address for correspondence with pin code:

1) Office

2) Residence:

.....

3) Telephone with STD code:.....

4) Mobile number:

5) Email id:

6) Aadhar No. (Attach a copy)... ..

7) PAN card No. (Attach a copy)... ..

8) Bank Details:

Name of Bank:

Branch:.....

Account No.:

IFSC Code:

(Attach copy of bank passbook first page or cancelled cheque)

The information furnished above is true and correct as per the best of my knowledge and I accept full responsibility for the same. I shall abide by the instruction given by the organizer for the smooth conduction of program.

Date :.....

(Recommendation of the Head of the institute)

(Signature of Applicant)

Note : Application will not be considered if

1. The information given above is incomplete in any respect.
2. Not recommended by the Head of the Institute.